

## Service de Gastroentérologie

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**Date de l'intervention :**

**Lieu :** Clinique de Genolier – 1272 GENOLIER

2<sup>ème</sup> étage – Secrétariat de Gastroentérologie

**Heure de l'examen**

## Information concerning colonoscopy with Moviprep® and consent form Endoscopy of large intestine (colonoscopy) with removal of any polyps

### Why is this test done?

This test is usually performed to investigate any recent changes in bowel habits, bleeding from the rectum (back passage), abdominal pain or prolonged diarrhoea, and to screen for early signs of bowel cancer. It is performed to make or confirm a diagnosis.

### How is the exam?

A flexible instrument (endoscope) is inserted through the rectum into the pre-cleaned large intestine and taken to the anastomosis of the small intestine. Special equipment is used to extract small samples of tissue (biopsies) to be examined through a microscope.

### Preparation for a colonoscopy.

Careful preparation is necessary for a successful examination. The colon must be clean and free of stool. To obtain this result you must follow exactly the instructions for the "Moviprep®".

### Is the examination painful?

It can be, yes. The administration by injection of a sedative is possible at any time upon request.

### What are the possible additional interventions during a colonoscopy?

It is possible to detect one or more polyps (proliferation mostly benign mucosal). Such changes can lead, after a few years, to a malignant tumour. Thus, most often during the examination, they are resected with an electrical loop (polypectomy), without much discomfort to the patient.

### What are the risks associated with these additional interventions?

The diagnostic test itself and taking a sample of tissue (biopsy) carry low a risk (0.2%). During excision of polyps, complications such as perforation parietal (1-2%) or bleeding (5%) may occur in rare cases, despite all precautions taken. It is very rare complication that requires such an operation (1-2%).

Patients receiving only Aspirine Cardio® can continue their treatment without interruption.

For patients under anticoagulant treatment (Marcoumar®, Sintrom® or Plavix®), you should contact the secretary at least 10 days before the exam date as your treatment should be changed.

**For the procedure to be performed under good conditions, it is important to drink the full preparation, do nothing the evening before the exam (diarrhea) and not drive the day of the exam.**

The test takes about 30 minutes, but you should allow 40 to 60 minutes.

### What happens after the exam?

**After receiving a sedative, you must not drive a vehicle or operate machinery or sign any legal document for the day after the examination.**

Two hours after the exam, you may feel a sense of pressure in the abdomen (bloating). If this abdominal pain increases or become very strong, if you develop a fever or if you notice bleeding from the anus, please notify us immediately or, failing that, tell your doctor or nearest hospital.

### Three days before the colonoscopy

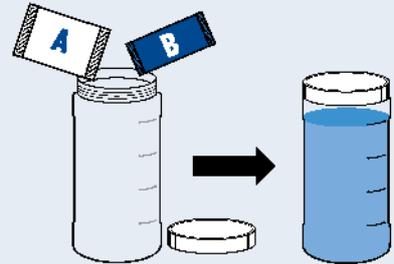
**Avoid vegetables, salad, fruit with seeds for example apples, citrus, strawberries, raspberries, kiwi including jams and conserves.**

### The day before the examination between 5 pm & 6.30 pm

#### STEP 1

- Empty one packet A and one packet B of **MOVIPREP** in a recipient
- Add lukewarm water to obtaining a liter of liquid. Stir to dissolve.

If you prefer, mix the solution in advance and put it in the fridge before drinking. The reconstituted solution should be used within 24 hours.

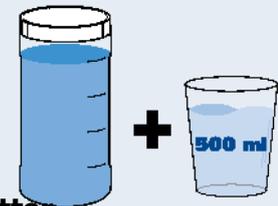


#### STEP 2

- Every 15 minutes, drink the solution (approximately 250 ml) until a liter is complete.
- Drink 500 ml of clear liquid of your choice

**EVENING MEAL : A plate of pasta with a little butter.**

**No sauce, vegetables and salad.**



### The day of the examination between 6 and 7 am

- Repeat steps 1 and 2.

**BREAKFAST : A cup of tea or coffee with sugar**

If you have any questions, please call us on 022 994 28 06

- Are you taking anti-coagulant tablets (for example Sintrom or Marcoumar ?)  Yes  No
- Have you taken in the last seven days Aspirin, Alcacyl or Triatral or a pain killer  Yes  No
- Do you bleed easily for following a tooth extraction or small cut?  Yes  No
- Are you allergic to any medication ? .....
- Have you had heart surgery, valve problems or any artificial prosthesis ?  Yes  No

I, have taken note of this and have been informed by the doctor unequivocally on diagnoses, procedures, process and risks of the examination or intervention during interview. I have received satisfactory answers to my questions. I agree to the achievement of this review.

Date and place

Sign of the patient